Section 1: 4 (FORM 4 SUBMISSION)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Or Type Responses)

1. Name and Address of Reporting Person -
POWER JOHN R JR

2. Issuer Name and Tickera or Trading Symbol
Argo Group International Holdings, Ltd. [AGII]

3. Date of Earliest Transaction (Month/Day/Year)
03/01/2017

4. If Amendment, Date Original Filed

5. Relationship of Reporting Person(s) to Issuer
(Chck all applicable)
__ X__ Director
_____ 10% Owner
_____ Officer (give title below)
_____ Other (specify below)

ARGO GROUP INTERNATIONAL HOLDINGS, LTD., 110 PITTS BAY ROAD

PEMBROKE, HM 08, D0

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security</th>
<th>Transaction Date</th>
<th>Transaction Code</th>
<th>Amount</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>03/01/2017</td>
<td>M</td>
<td>6,655</td>
<td>$23.9</td>
</tr>
<tr>
<td>Common Stock</td>
<td>03/01/2017</td>
<td>D</td>
<td>2,309</td>
<td>$68.9</td>
</tr>
<tr>
<td>Common Stock</td>
<td>03/01/2017</td>
<td>S</td>
<td>4,346</td>
<td>$68.8967</td>
</tr>
</tbody>
</table>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security</th>
<th>Conversion Date</th>
<th>Transaction Code</th>
<th>Execution Date</th>
<th>Expiration Date</th>
<th>Amount of Underlying Securities</th>
<th>Price of Derivative Security</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stock Appreciation Rights</td>
<td>$23.9</td>
<td>M</td>
<td>03/01/2017</td>
<td>05/04/2017</td>
<td>Common Stock</td>
<td>6,655</td>
</tr>
</tbody>
</table>

Reporting Owners

<table>
<thead>
<tr>
<th>Reporting Owner Name / Address</th>
<th>Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>POWER JOHN R JR</td>
<td>Director</td>
</tr>
<tr>
<td>ARGO GROUP INTERNATIONAL HOLDINGS, LTD. 110 PITTS BAY ROAD</td>
<td>10% Owner, Officer</td>
</tr>
</tbody>
</table>
Signatures

/s/ Craig S. Comeaux, attorney-in-fact 03/03/2017

Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


(1) Includes the effect of an adjustment for Argo Group's 10% stock dividend paid on June 15, 2016.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from $68.85 to $69.025, inclusive. The reporting person undertakes to provide to Argo Group International Holdings, Ltd., any security holder of Argo Group International Holdings, Ltd., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) to this Form 4.

(2) Includes the effect of an adjustment for Argo Group’s 10% stock dividends paid on June 17, 2013, March 16, 2015 and June 15, 2016.

(3) The stock appreciation rights vested on the calendar day immediately preceding Argo Group's 2011 annual general meeting of shareholders.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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