Section 1: 4 (FORM 4 SUBMISSION)

FORM 4
UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(1) Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

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OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden hours per response...

1. Name and Address of Reporting Person
Bullock Jay Stanley
ARGO GROUP INTERNATIONAL HOLDINGS, LTD., 110 PITTS BAY ROAD
PEMBROKE, D0 HM 08

2. Issuer Name and Ticker or Trading Symbol
Argo Group International Holdings, Ltd. [AGII]

5. Relationship of Reporting Person(s) to Issuer
(Check all applicable)
_____ Director
_____ 10% Owner
__X__ Officer (give title below)
_____ Other (specify below)
Chief Financial Officer

6. Individual or Joint/Group Filing
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security (Instr. 3)</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Transaction Code (Instr. 8)</th>
<th>Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>Amount (A) or (D)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Common Stock</td>
<td>09/02/2014</td>
<td>M</td>
<td>10,000 A</td>
<td>$34.78</td>
<td>67,243 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>09/04/2014</td>
<td>S</td>
<td>10,000 D</td>
<td>$53</td>
<td>57,243 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>09/04/2014</td>
<td>M</td>
<td>10,000 A</td>
<td>$34.78</td>
<td>67,243 D</td>
</tr>
<tr>
<td>Common Stock</td>
<td>09/04/2014</td>
<td>S</td>
<td>10,000 D</td>
<td>$53</td>
<td>57,243 D</td>
</tr>
</tbody>
</table>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security (Instr. 3)</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Transaction Date (Month/Day/Year)</th>
<th>Transaction Code (Instr. 8)</th>
<th>Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>Date Exercisable</th>
<th>Expiration Date</th>
<th>Title</th>
<th>Amount or Number of Shares</th>
<th>Price of Derivative Security (Instr. 5)</th>
<th>Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$34.78</td>
<td>09/02/2014</td>
<td>M</td>
<td>10,000 A</td>
<td>05/13/2015</td>
<td>Common Stock</td>
<td>10,000</td>
<td>$0</td>
<td>39,500(2)</td>
<td>D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Employee Stock Option (right to buy)</td>
<td>$34.78</td>
<td>09/04/2014</td>
<td>M</td>
<td>10,000 A</td>
<td>05/13/2015</td>
<td>Common Stock</td>
<td>10,000</td>
<td>$0</td>
<td>29,500</td>
<td>D</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Reporting Owners

<table>
<thead>
<tr>
<th>Reporting Owner Name / Address</th>
<th>Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bullock Jay Stanley</td>
<td>Director</td>
</tr>
<tr>
<td>ARGO GROUP INTERNATIONAL HOLDINGS, LTD.</td>
<td>10% Owner</td>
</tr>
<tr>
<td>110 PITTS BAY ROAD</td>
<td>Officer</td>
</tr>
<tr>
<td>PEMBROKE, D0 HM 08</td>
<td>Other</td>
</tr>
<tr>
<td></td>
<td>Chief Financial Officer</td>
</tr>
</tbody>
</table>

Signatures

/s/ Jay S. Bullock  09/04/2014

Signature of Reporting Person  Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).


(1) The option vested in four equal annual installments beginning on May 13, 2009.

(2) Includes the effect of an adjustment for Argo Group's 10% stock dividend paid on June 17, 2013.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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